The locally harvestable foods indicator is intended to track the frequency of collecting different Puget Sound wild foods for traditional, subsistence, and recreational use. These include: fish, shellfish, mushrooms/plants, and animal meat.

**Key Vital Sign Indicator Results**

- Plants, berries and mushrooms are the most likely local foods to be harvested, with about 58 percent of the population collecting at least one time per season.
- Approximately 14 percent of people harvest deer, elk or waterfowl.
- Approximately 35 percent of people harvest fish or shellfish.
- Local foods harvest for all foods was higher for the purposive Latinx sample than both the Latinx and non-Latinx general survey respondents.
- There was slightly higher collection of local foods in San Juan and Jefferson counties.

**Contributing Partners**

[Image of Oregon State University logo]

**Data Source**

Oregon State University Human Dimensions Lab

**Vital Signs Survey Summary Report 2020**

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**Last Updated**

8/5/2021