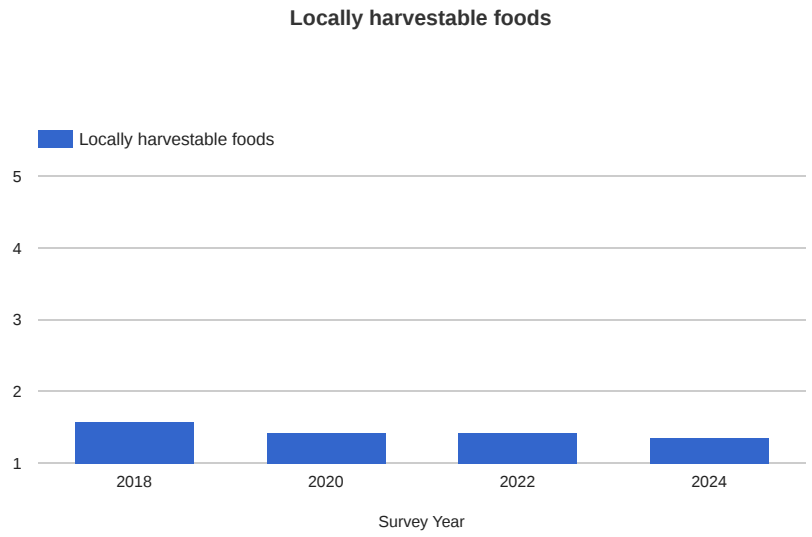
PUGET SOUND
VITAL SIGNS

INDICATOR
LOCALLY HARVESTABLE FOODS

The locally harvestable foods indicator is intended to track the frequency of collecting different Puget Sound wild foods for traditional, subsistence, and recreational use. These include: fish, shellfish, mushrooms/plants, and animal meat.



Average index response to engagement in hunting, fishing, or foraging on a five-point scale (where 1 is never and 5 is frequently).

Key Vital Sign Indicator Results

- **On average, most Puget Sound residents rarely harvest local foods other than plants and berries. In 2024, the mean response to all local foods was 1.36, which equates to halfway between rarely (1-2 times per season) and never.**
- Plants, berries, and mushrooms are the most likely local foods to be harvested, with about 55% of the population collecting at least one time per season.
- Approximately 23% of people fish for food, 20% collect crab or shrimp, and 14% collect oysters, mussels or clams (excluding razor clams).
- Few people engage in hunting. Approximately 4% hunt deer or elk. Less than two percent hunt waterfowl.

CONTRIBUTING PARTNERS

Oregon State University

Indicator Trend

NO TREND

Target

No targets are currently set for this indicator.

Data Source

Oregon State University Human Dimensions Lab

Human Wellbeing Vital Signs Survey 2024 Summary Report

Vital Sign Indicator Reporter

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Indicator Details

Click below for more information about this indicator, including Maps, Charts, Indicator Importance, Methods, Interpretation of Results, and Additional Resources.

Complete Indicator Report

Last Updated

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