

PUGET SOUND VITAL SIGNS

INDICATOR LOCALLY HARVESTABLE FOODS

The locally harvestable foods indicator is intended to track the frequency of collecting different Puget Sound wild foods for traditional, subsistence, and recreational use. These include: fish, shellfish, mushrooms/plants, and animal meat.

Indicator Progress



Target Status



Target

No targets are currently set for this indicator.

Data Source

Oregon State University Human Dimensions Lab

[Human Wellbeing Vital Signs Survey 2022 Summary Report](#)

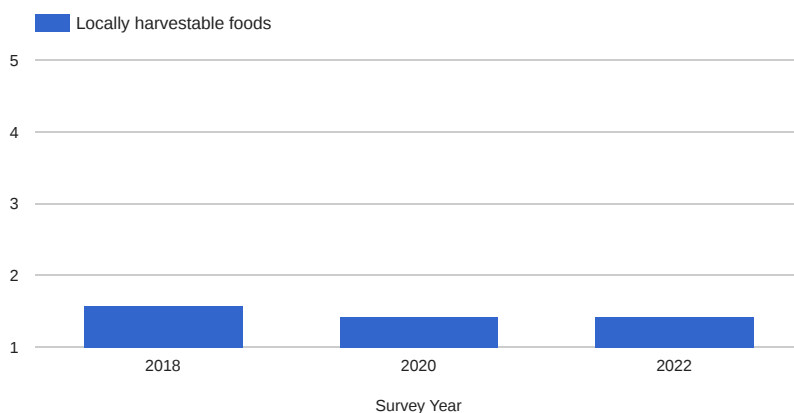
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Locally harvestable foods



Average response to engagement in hunting, fishing, or foraging on a five-point scale (where 1 is never and 5 is frequently).

Key Vital Sign Indicator Results

- On average, most Puget Sound residents rarely harvest local foods other than plants and berries. The mean response to all local foods was 1.42, which equates to halfway between rarely (1-2 times per season) and never.
- Plants, berries, and mushrooms are the most likely local foods to be harvested, with about 58 percent of the population collecting at least one time per season.
- Approximately 28 percent of people fish for food, 25 percent collect crab or shrimp, and 19 percent collect oysters, mussels or clams (excluding razor clams).
- Few people engage in hunting. Approximately seven percent hunt deer or elk. Less than four percent hunt waterfowl. See [Interpretation of Results](#) for more information.

CONTRIBUTING PARTNERS



TO LEARN MORE ABOUT THE VITAL SIGNS VISIT: vitalsigns.pugetsoundinfo.wa.gov OR CONTACT: vitalsigns@psp.wa.gov