

# PUGET SOUND VITAL SIGNS

## VITAL SIGN SOUND STEWARDSHIP

The Sound Stewardship Vital Sign tells us 1) about the effectiveness of our management actions related to human behaviors that can affect the health of Puget Sound and 2) the degree to which engagement in stewardship contributes to people's wellbeing. The myriad problems Puget Sound faces all have one common denominator: human practices and behaviors. Many common day-to-day household behaviors seem benign on their own, but when multiplied by 4.5 million residents their cumulative effect can significantly harm environmental health. Small behavioral changes, on the part of individuals, can negate those impacts. Likewise, when people participate collectively in actions to improve environmental health, their actions can be equally significant. Although people pose the greatest threats to the natural environment of Puget Sound, engagement of citizens in protection and restoration efforts offers the greatest opportunities for recovering Puget Sound.

Vital Sign Reporter

Last Updated

5/20/2021

VITAL SIGN > INDICATOR	PROGRESS	STATUS
Sound Stewardship		
Engagement in stewardship activities	INSUFFICIENT OR NO DATA	NO 2020 TARGET
Sound Behavior Index	GETTING BETTER	NO 2020 TARGET

## Key Vital Sign Messages

Coming soon!

## Strategies, Actions, And Effectiveness

- Actions proposed in the Action Agenda that advance this Vital Sign (*let us know if we missed any!*):
  - Citizen Science and Stewardship of Aquatic Reserves in the Salish Sea
  - Clear Choices for Clean Water
  - Commercial Property Engagement through Parking Lot Retrofits in Bear/Little Bear Watersheds
  - Expand South Sound Shore Friendly Programs
  - Salmon Heroes: Field Based Education Program for Improved Water Quality
  - Schoolyard Stormwater Management
  - Social Marketing to Improve Forest Health through Private Property Stewardship
  - Whatcom County Focused - Community Based K-12 Shellfish Education, and Stewardship: Meeting Washington Shellfish Initiative Goal 7: Educate
  - Camp 2nd Chance Habitat Restoration & Stewardship Education
  - A Guide to Streamside Living

## Background Documents

- Leadership Council Resolution 2015-02, Human Health and Quality of Life Vital Signs and Indicators
- Human Wellbeing Vital Signs and Indicators for Puget Sound Recovery

## Other Resources

- [People and Puget Sound](#)
- [Evaluating the Health of Puget Sound: Human Wellbeing](#)
- [Social Science Research and Efforts](#)
- [Explore articles related to human quality of life in the Encyclopedia of Puget Sound](#)
- [Whose Puget Sound? Examining Place Attachment, Residency, and Stewardship in the Puget Sound Region.](#) Trimbach et al. 2020

## Contributing Partners

